



Welcome to the all-new WOA Newsletter! I plan to write these monthly to keep you all up to date with our latest news and notices about what's coming up next. Feel free to give me feedback on this, let me know what you'd like to see, and send in your own stories/pictures to [information@woa.org.uk](mailto:information@woa.org.uk).

September has been a busy month in the orienteering calendar with major events every weekend so here is just a quick run-down of some of our members' achievements this month.

## Successful September

- Ben Mitchell (SBOC) made his debut for the senior GB team at World Cup in Norway.
- Alice Bedwell (BOK) and Richard Barrett (BAOC) were both crowned at the British Sprint and Middle Distance Championships.
- At the Senior Home Internationals, there were some great performances, especially with 4 of our W21's in the top 10 individually, and Ben Mitchell also finished 6<sup>th</sup> individually on M21. Next year, this competition will be held on the Gower, hosted by SBOC.
- Eryri OC held a great weekend of orienteering at Newborough sand dunes, Anglesey, for the Welsh Championships. Congratulations to all of our new champions.
- Clare Dallimore (ERYRI) earned a Silver medal in the Sprint race at the Mountain Bike Orienteering World Cup in Portugal, and finished 5<sup>th</sup> overall in the World Cup 2018 standings.
- Our VHI team came 2<sup>nd</sup> overall on home terrain, ahead of Scotland and Ireland. It's very unusual for Wales to finish better than Scotland, so much so that we're still trying to figure out the last time it happened! Congratulations especially to Alun Jones (TVOC) and Gill Manning (SWOC) on their individual wins. Thank-you to SWOC for hosting a great weekend.
- At the Junior Inter-Regional Championships, Tom Wood (ERYRI) won the M18 individual race.

## In other news

The WOA AGM took place during the Welsh Championship weekend and you can find the minutes on the WOA website.

([http://www.woa.org.uk/Documents/Mins\\_WOA\\_AGM18.pdf](http://www.woa.org.uk/Documents/Mins_WOA_AGM18.pdf))

You can now find us on social media! Visit our Welsh Orienteering Association facebook page (<https://www.facebook.com/welshorienteering/>) and follow our new Instagram account, @welshorienteering .

## Looking forward

There are 2 Welsh League events happening in October - Mynydd Y Garn in the Brecon Beacons on Saturday 13<sup>th</sup> (SBOC), and Llechweddgain near Trawsfynydd on Sunday 21<sup>st</sup>. (ERYRI). Current standings can be found online at <http://www.woa.org.uk/2018.htm>

In October, we wish the Juniors well at their Home Internationals in Pitlochry, Fay Walsh (MWOC) making her senior GB team debut at the World Cup in Prague, Swansea Bay OC competing in the CompassSport Cup Final, and to those competing in the OMM. And finally, if you're in Cardiff on the 7<sup>th</sup> October, you can cheer for Kris Jones (SBOC) running in the Commonwealth Half Marathon championships as part of the Welsh team! Good luck Kris.