



Senior Home Internationals Selection Policy for Wales 2020

The Welsh SHI Team is to be comprised of 6 M21, 6 W21, 3 M20 and 3 W20 athletes.

In 2020 the team will be selected using the British Orienteering ranking scores achieved at the following races:

- Welsh Championships (both Middle & Long distance)
- British Championships Long distance
- British Championships Middle distance
- JK Day 2&3 (i.e. Individual forest races)
- All Welsh League races held after the 2020 Welsh Championships and before July 31st
- Croeso Day 1-5 (i.e. all official days except Portmeirion)

Orienteers need to compete in at least one of these races to be considered. We will rank athletes by their highest British Orienteering ranking score achieved at any one of these races and select athletes to the teams in this order. Reserve athletes will also be selected in this order. Please note that as selection is based on ranking points, older/younger athletes wishing to be selected can still run in their own age categories at relevant events. M/W16s are unable to score ranking points however exceptional athletes may be considered based on results (again M/W16s may run in their own age category in relevant events).

Selections will be made as soon as possible after British Orienteering ranking scores are published following Croeso (Croeso ends 31st July).

It is an athlete's responsibility to notify selectors of any injury/illness/significant decline in form at the time of selection. It is also an athlete's responsibility to confirm eligibility and availability for the SHIs.

Any athlete eligible to compete for Wales should ensure the Selectors are aware prior to 31st July. You can either contact them individually or email information@woa.org.uk.

Selectors: Megan Carter-Davies (MWOC), Ben Mitchell (SBOC), Alice Bedwell (BOK)

Eligibility Criteria:

To be eligible to represent Wales in a Home International (HI) a person must be a current British Orienteering member and be:

Eligible by Birth. Be born in Wales OR

Eligible by Parentage. Have a parent who was born in Wales OR

Eligible by Residence. Have established permanent residence in Wales for at least one year (see Notes 1 and 2).

AND, if M/W18 or younger has not represented another home nation in that calendar year; if M/W20 or older, has not represented any other home nation in a home international in the previous two years (see Notes 3 and 4).*

Notes:

1. Students can achieve eligibility by residence if they can prove a permanent home base in Wales.
2. Established eligibility by residency is voided if another home nation is represented but otherwise endures.
3. The last paragraph* means two fallow years i.e. 2 missed years of Home Internationals except for M/W18 and below: no fallow years.
4. Athletes currently competing for a nation other than GBR or Ireland(Eire) are nevertheless eligible provided they meet one of the three listed criteria, AND the fourth criterion.
5. Any orienteers in age categories older than M/W21 may compete as M/W21. Similarly any orienteers in age categories younger than M/W20 may compete as M/W20.