

WELSH ORIENTEERING ASSOCIATION

Annual Report 2013

INTRODUCTION

This Report summarises the activities of the Welsh Orienteering Association during 2013. It takes the form of short reports from the officers of the Association and is presented at the Annual General Meeting for approval.

Chairman's report

On the surface 2013 was always going to appear to be a quieter year compared to 2012. Croeso had been and gone and the JK was still 3 months away, although much work was being done in the background by WOA members in preparation for the event. The Welsh Championships were very successfully put on by ERYRI with assistance from DEE in October at Newborough Forest. Mark Saunders and Alice Bedwell assisted by SWOC put on the JHI at Llangattock and Clydach Terrace. The Welsh juniors despite some fine individual performances were not a match for the English and Scots having to settle for 3rd place. Similarly the Seniors could only manage 4th in Ireland. The VHI team however were the standout Welsh squad last year with an impressive 2nd place behind England in Norfolk.

International representation has gone from strength to strength in 2013 with Kris Jones being selected for the GB WOC team finishing a very impressive 16th in the sprint. Katie Reynolds represented GB at JWOC with solid performances. Similarly Megan Carter-Davies had a well earned call up for GB at European Youth Orienteering Championships.

On the organisational side the association has been unable to find a secretary for last year and is still without a permanent person to produce Y Ddraig regularly. The ad hoc emailed editions of the newsletter have been most welcome however. As always the committee would welcome new members with fresh ideas as to how the sport is going to evolve in Wales. Despite that I am always amazed at the amount of activity that goes on in the country despite our limited membership numbers.

It was a close call for Orienteer of the year in 2013 but Katie Reynolds narrowly won the award. Volunteer of the year went to Peter Ribbans.

The association held 4 committee meetings last year as well as the AGM. Two of these were face to face and a further 2 online via Google Hangout. This has proved to be relatively successful with the aim of reducing travelling time (and cost) for committee members. Bob Dredge has taken on the role of British Orienteering council member with the remit of maintaining a 2 way link between Wales and the federation and has been able to provide input from a national level.

The sport continues to evolve and I expect to see an increase in the number of urban and middle distance races but without compromising the traditional classic event. Similarly the profile needs to allow for more people (especially newcomers) to get to events close to where they live.

Peter Ribbans, SWOC

Treasurer's report

WELSH ORIENTEERING ASSOCIATION ANNUAL ACCOUNTS 2013

1. EXECUTIVE SUMMARY

1.1 The annual accounts for 2013 show an Actual Surplus of £2904 compared to a Budget surplus of -£2300. The balances of the reserve fund and development fund at year end are as follows:

Reserve: £7074
Development: £22078

1.2 The current financial situation is good but shows that the position is maintained by the regular infusion of income from CROESO and SCW grants.

Recommendation

(a) That the Annual Accounts for 2013 be agreed and submitted to the AGM for approval.

For Decision

2. ANNUAL ACCOUNTS 2013

2.1 The Annual Accounts for 2013, which are subject to audit, are at Annex A in the format required by the Sports Council for Wales (SCW) and will be presented to the AGM for formal approval in due course.

2.2 Annex B includes more detailed information about the Actual Income and Expenditure for 2013 compared with the amended Budget for that year. This shows that the Actual Surplus for the year was £604 more than the Budget Surplus as summarised below:

	Budget	Actual	Variation
	£	£	£
Income	10,500	10,241	-259
Less Expenditure	-8,200	-7337	863
Surplus	2300	2,904	604

2.3 The increase in the surplus of £604 is made up as follows:

	£
Subscriptions	60
Levies	-182
Interest	-137
Officers Expenses	45
Committee Meetings	129
Schools Liaison	100
Training Officials	109
Domestic Events	313
International preparation/Training	226
International Programme	-159
Club Coaching Grants	100
Increased Surplus	£604

2.4 The increased surplus raised the balance on the reserve fund to £7074.

2.5 The Actual balance on the Development Fund is £22078.

3. FINANCIAL STRATEGY

3.1 Reserve Fund

3.1.1 The main reasons that organisations need reserves are:

- To fund expenditure pending the receipt of income (e.g. debtors, stocks, temporary loans, cash flow etc)
- To meet unavoidable unbudgeted expenditure and/or loss of budgeted income.

3.1.2 In determining what might be an adequate and prudent level of reserves, WOA has used the yardstick common to a number of voluntary organisations: that the minimum level of reserves ought to be at least 25% of its annual turnover, plus a further 25% to provide the facility to make temporary loans to the organisers of major events in Wales pending the receipt of income, making a total of 50%. The balance on the Reserve fund at the year end was 68% of budgeted expenditure for 2014. This was deemed acceptable.

3.2 Budgetary Control

3.2.1 The other principle agreed was that the Association must be self sufficient if it is to continue to remain a viable organisation. In other words, it must contain its expenditure within its income each year, which it has done in 2013.

3.2.2 Budgets are controlled during the year to ensure that they are not exceeded without prior authority with regular monitoring reports submitted to the committee. Where possible, individual budgets are delegated to specific officers to manage.

3.3 Development Fund

3.3.1 The development fund was originally established with the bulk of the Association's share of the CROESO 2008 surplus and has been used to provide grants to the Welsh clubs to enable them to develop orienteering within their areas. The income from CROESO 2012 has increased the balance in the development fund to a healthy level so that grants to the clubs can be maintained over the coming years.

4. CONCLUSION

4.1 Whilst the current financial situation is good, to maintain the position, the Association is reliant on SCW grants and income from CROESO and other major events; it cannot support itself on income from membership subscriptions and levies alone whilst maintaining its current support to the international programme and club development.

Amy Peltor BAOC
Treasurer

Annexes:

- A. WOA Annual Accounts 2013.
- B. WOA Actual & Budget 2013.

30 Jan 2014

WELSH ORIENTEERING ASSOCIATION INCOME AND EXPENDITURE ACCOUNT				
	To 31 Dec 2012		To 31 Dec 2013	
	Income £	Expenditure £	Income £	Expenditure £
Core Activities				
Administration	351.11	-87.18	63.47	-125.99
Membership	2260.80		2177.90	
Training of Coaches				-300.95
Training of Officials		-90.40		-90.02
Domestic Events		-470.98		-687.42
Schools liaison/projects		-83.75		
	2611.91	-732.31	2241.37	-1204.38
Special Projects				
Development Grants	4000.00	-6445.00		-2500
CROESO 2012 levies	6135.00			
CROESO 2012 Share of surplus	14706.00			
	24841.00	-6445.00		-2500
Performance & Excellence				
International Preparation Training	1290.00	-1950.00		-274.00
International Competition	3696.00	-7056.00		-3359.00
	4986.00	-9006.00		-3633.00
Totals Before Development Fund				
Transfers	32438.91	-16183.31	2241.37	-7337.38
Transfers to(-)/from Development Fund	3500.00		5000	
	-			
	20841.00			
Totals After Development Fund Transfers	15097.91	-16183.31	7241.37	-7337.38
Deficit(-)/Surplus Before SCW Grant		-1085.40		-96.01
SCW Grant		3000.00		3000.00
Surplus/Deficit(-) After SCW Grant		1914.60		2903.99
Reserve Fund Balance @ 1 January		6055.76		4170.36
End of year adjustment - transfer to dev fund		-3800.00		
Reserve Balance @ 31 December/31 July		4170.36		7074.35

WELSH ORIENTEERING ASSOCIATION BALANCE SHEET				
	At 31 Dec 2012		At 31 Dec 2013	
		£		£
Current Assets				
Debtors		231.20		792.57
Investments		14800.55		0
Cash in Bank		22181.61		30859.78
		37213.36		31652.35
Less Current Liabilities				
Creditors		-5965.00		-2500
Net Assets		31248.36		29152.35
Represented by -				
Development Fund		27078.00		22078
Reserve Fund		4170.36		7074.35
		31248.36		29152.35

ACTUAL TO DATE

		Revised Budget A	Actual to 31-Dec- 13 B	Variation C
Ser		£	£	£
	REVENUE ACCOUNT			
	Income			
1	Subscriptions	700	759.60	59.60
2	Levies	1600	1418.30	-181.70
3	Interest	200	63.47	-136.53
4	CROESO income	0	0	0
5	WOA Development fund	5000	5000.00	0
6	BOF Development Grant	0	0	0
7	BOF Coaching Grant	0	0	0
8	SCW Grant	3000	3000.00	0
9	Total Income	10500	10241.37	-258.63
	Less Expenditure			
10	Officers' Expenses	-100	-54.90	45.10
11	Committee Meetings	-200	-71.09	128.91
12	Y Ddraig	0	0	0
13	Schools Liaison	-100	0	100
14	Training Officials	-500	-390.97	109.03
15	Domestic Events	-1000	-687.42	312.58
16	International Preparation Training	-500	-274.00	226.00
17	International Programme	-3200	-3359	-159
18	Club Development & Grants	-2500	-2500	0
19	Club Coaching Grants	0	0	0
20	Other	-100	0	100
21	Total Expenditure	-8200	-7337.38	862.62
22	Deficit(-)/Surplus for the Year/to 31 Dec 2013	2300	2903.99	-603.99
23	Transfer from/to(-) Reserve Fund	-2300	-2903.99	
24	Net Deficit/Surplus for the Year, to 31 Dec 2013	0	0.00	0
	DEVELOPMENT FUND			
25	Balance @ 1 January 2013	27078	27078	
26	Transfer to Revenue Account	-5000	-5000	
27	At 31 Dec 2013	22078	22078	0
	RESERVE FUND			
28	Balance @ 1 January 2013	4170.36	4170.36	
29	Transfer from/to(-) Revenue Account	2300	2903.99	
30	At 31 Dec 2013	6470.36	7074.35	
31	TOTAL FUNDS AT 31 Dec 2013	28548.36	29152.35	
	NET ASSETS			
32	Current Account		30859.78	
33	Investment Account		0	
34	Debtors		792.57	
35	Creditors		-2500.00	
36	NET ASSETS AT 31 Dec 2013	28548.36	29152.35	

Membership Secretary's report

Total by Membership Unit 2nd October 2013								
	ERYRI	POW	SBOC	SWOC	SPLIT	TROT	Ex Pat	Total
Female Snr	16	14	22	27	5	0	8	92
Female Jnr	6	10	14	8	2	0	3	43
Male Snr	20	15	38	36	6	0	18	133
Male Jnr	3	11	19	9	3	0	0	45
Total	45	50	93	80	16	0	29	313

NEW MEMBERS 2013	ERYRI	POW	SBOC	SWOC	SPLIT	TROT	Ex Pat	Total
Female Snr - new	1	1	3	3	0	0	0	8
Female Jnr - new	2	1	7	2	0	0	0	12
Male Snr - new	2	0	5	5	0	0	0	12
Male Jnr - new	2	1	2	2	0	0	0	7
Total - new	7	3	17	12	0	0	0	39

Renewals: 282

New members: 39

Non-renewals: 78

Anne May SLOW

Fixtures Secretary's report

My written report covers the period January to December 2013.

In 2013 the following were staged in Wales,

Welsh Classic Championships at Newborough Forest staged by ERYRI

Junior Home International Individual and Relay events hosted by SWOC

JOK Chasing Sprint event held at Newborough Forest. This event is not included in the figures below as due to a continuing anomaly with the British Orienteering Federation's fixtures database events have to be registered in the UK region for the club holding the event which may not coincide with the region the event is actually being held in.

The Cwpan Y Ddraig and Yvette Baker trophy qualifying round for Wales was held at a NGOC event outside of Wales. The Welsh Short Course Championships and Welsh Middle Distance Championships do not appear to have been held in 2013.

Activities staged in Wales included Welsh Junior Squad training, SBOC club nights and several urban events.

WOA and Welsh clubs should be reminded that an orienteering event or activity is only covered by British Orienteering (BO) insurance if it is registered with British Orienteering. If an event or activity is being run by a BO affiliated orienteering club but is not registered with BO then club and the members taking part should ensure they are aware of the insurance arrangements for that event in case the liability arrangements are different. The example is schools events run by a BO club. This also affects the participation figures listed below.

The BO database shows that 83 events took place in Wales in 2013. This is made up of 3 Level B events (7 in 2012), 6 Level C events (4 in 2012) and 74 Level D events (85 in 2012). This does not include events held by clubs outside of Wales but run in Wales such as DEE events which are registered with the North West Orienteering Association. This compares with 96 events held in 2012, 130 events in 2011 and 165 events in 2010.

The BO database shows 44 activities took place in Wales in 2013 (22 in 2012).

WOA members should be aware that in other regions of the British Orienteering Federation Area Night Championships, Urban Leagues and Score Championship events are among the types of events that are also staged. Welsh orienteers will not have the chance to take part in these types of events unless clubs can be supported to stage them in Wales.

Participation Figures for events in 2013

	Seniors	Juniors
ERYRI	375	176
POW	209	463
SBOC	906	409
SWOC	557	312
Other Events		
TOTAL	2047	1360

Participation figures for previous years.

Category	2009	2010	2011	2012	2013
Senior	2348	2442	2183	9169	2047
Junior	1309	3921	3978	3256	1360
Total	3656	6363	6141	12427	3407

(2012 figures do not include participation figures for SWOC)

(2013 figures do not include participation figures for three club activities held late in 2013)

British Orienteering's Event Scheduling Group held meetings in March 2013 and October 2013 both of which I attended.

David Pal, DEE

Mapping Officer's report

The following mapping activities have been reported:

SBOC

New sprint maps of Swansea University/Singleton Park(JK 2014), Swansea Marina, Lakeside Enterprise Zone and West Cross estate.

New map of Craig Y Nos Country Park.

Extension and revision to Kenfig Nature reserve.

Revisions to The Gnoll Neath, Merthyr Mawr, Margam Country Park, and six Swansea Parks.

Also minor adjustments to most of the clubs maps. But several areas badly affected by forestry work.

Schools mapped in 2013: all in Neath-Port Talbot Borough:

25 new maps of primary/junior schools, and updating of one map of the outstanding comprehensive school.

SWOC

remapped Llantrisant Forest (level B/C) area and used it for a Welsh League Event

WOA updated SWOC areas Mynydd Llangynidr, Merthyr Common and Pwll Du for JK 2014

1 school was mapped (Croesyceiliog)

An extension to Castle Meadows, Abergavenny is in progress (bringing it back to original scope; the extra area was inaccessible for some time due to a removed bridge)

Minor updates (eg vegetation, minor paths) to a few small areas used for local events

ERYRI

Newborough Forest (major orienteering map update completed)

The following might not have been included for the previous year:

Llanberis (new street map)

Menai bridge (new street map)

Caernarfon (new street map)

Bethesda (new street map)

Bangor (new street map)

MWOC

A 2nd mapping course was held with Rob Postlethwaite (at RWAS ground at Llanelwydd)

New area mapped at Mynydd yr Ychen, Ponterwyd for Welsh League event in November

An update of existing maps has been commenced. So far this has included:

Coed Allt Goch, Llanidloes – resurveyed and slight extension

The Arch, Devil's Bridge – resurveyed and extended

Robert Griffiths POW

Coaching Officer's report

Club coaching:

MWOC coaches help regularly with the Welsh Junior Squad coaching sessions and have held some club coaching sessions during the year. They offer coaching for newcomers on an adhoc basis at all their local club events. They have run a Young Leaders course for Ceredigion County Council for secondary school youngsters to assist with the development of orienteering in the schools and are assisting with orienteering sessions run by the 5x60 officers. They ran a series of 6 introductory after school sessions at a primary school in Aberystwyth resulting in 5 new members joining the club and attending club events.

SBOC offer adhoc coaching at events for newcomers and plan to include more coaching elements in their winter fortnightly club nights next year. They currently run 3 Intro to O sessions. Newcomers have an option to try a small course and/or have some coaching/training assistance from club members. The club holds a 'Going for Green' coaching day/weekend.

Eryri: no coaching being offered in the club.

SWOC offer 3 coaching mornings for beginners in the autumn and then offer coaching prior to the start at local events during the year.

Welsh Junior Squad continues to provide high quality regular training for youngsters and has proved an effective route for nurturing and mentoring trainee coaches.

Coach training: 3 out of 4 coaches (2 from MWOC 2 from SBOC) completed their L2 qualification in January/February 2014. The remaining person, although having completed 95% of the paperwork and done the practical assessment, has failed to provide the remaining necessary paperwork despite repeated reminders and has missed the deadline. 1 further person (from SBOC/ShUOC) attended a level 2 training course in Nottingham in January 2014 (due for completion by January 2016) assessment). All candidates have been funded through their clubs and the WOA to gain the qualifications.

Coach training: There have been no L1 or L2 courses in Wales while the current system is on hold and being reviewed.

Some clubs have indicated that they would like to increase the number of coaches but are finding it very difficult with limited manpower to service the current level of club and WOA commitment to events (Home internationals/JK/Croeso) let alone find people with the time and commitment to take on coaching as well.

Until the requirements/levels of the UKCC coaching qualifications are clarified I will work with the clubs to seek the best way forward to train more coaches.

CPD logs:

Only 1 received this year April 2014. 5 were reviewed in 2013. 3 others are being chased to provide CPD logs to maintain their licence to coach.

Helena Burrows LOC

Information Officer's report

The main avenues for publicising the Association's affairs are the web site and the bi-monthly newsletter, Y Ddraig. Without an editor for Y Ddraig during 2013, the association only managed one issue of the newsletter in 2013.

The web site has been maintained throughout the year though little new material has been provided for publication. The major activities of the association, however, can be located on the site where you can find information on the Welsh Championships, the Welsh League and copies of the reports and minutes of the WOA Committee.

The web site has changed little in structure in over 10 years and could well do with a modern re-vamp. We would be pleased to receive any expressions of interest on taking over the roles of webmaster, Y Ddraig editor and/or Information Officer.

Roger Stein SBOC

Schools Liaison Officer's report

SOUTH WALES AREA (Monmouthshire) – Ian Kennett:

Done 4 primary school orienteering 'festival' type days, including one at Usk primary as part of numeracy week. Worked with circa 150 youngsters from years 3,4,5 and 6.

Expanded SI kit to enable better course planning, especially on small school sites. Now have 24 controls and 30 dibbers and trying to get to grips with OE score.

Some interest from teachers regarding training and planning a TOp1 in the early autumn. (Done a few TOp1 with students from Hartpury college in March)

Informal training day in May at Pontypool with staff from crime reduction initiative, Caerphilly.

Quite a big festival planned at Cross Ash primary at the start of July. circa 5 schools taking part during the day, should be circa 150 participating.

Discussions of setting up a scouts event, likely Castle Meadows, Abergavenny.

SWANSEA BAY AREA Bridget Stein (SBOC)

Mapping of schools:

Neath Port Talbot Borough continued their Schools Initiative, with the mapping of 25 primary/junior schools, and updating the map of the outstanding comprehensive school.

Festivals & competitions:

An Interschools Competition was held for the NPT Comprehensive Schools at Margam Park on 22 July 2013, with 4 competitors invited from each school. Seven schools participated.

POWYS – BILL MARLOW (MWOC)

Terry Smith and I (Bill Marlow) have been working during the School year in conjunction with the Powys Sports Development, Manager Gareth Oldham, to promote Orienteering for Schools in Powys. This has tended to be organising Cluster Festivals throughout Powys in the Autumn Term of 2013. The format has been in the shape of lots of different exercises in the morning under Terry's guidance followed by a Cluster Championship in the afternoon for Year 3 & 4 on a White course and Year 5 & 6 on a Yellow. The children have competed, mostly in pairs, and have been exposed to our full Sportident set up (i.e. Dibbers, Si stakes & Units). At Download they were given their tear-off results slip, which included their names, total time and splits times. This was then published on the Club website:- www.mid-wales-orienteers.org.uk

Numbers analysis of participants for Powys Primary Schools Cluster Champs (these took place mainly at the relevant Cluster High Schools, Gregynog or at the Lake, Llandrindod):-

Bro Ddyfi = 48;

Newtown & Welshpool = 249;

Builth & Llandrindod = 127;

Llanfyllin & Llanfair Caereinion = 206;

John Beddoes = 66;

Llanidloes = 183.

Total = 879

Numbers for Powys Schools Champs (Primary and Secondary level – High schools competed as follows – Yr. 7 on Orange Course; Yr.8/9 on a Long Orange and Yr. 10/11 on Light Green) at Gregynog Hall, Tregynon.

Total = 217

Grand Total = 1096

Mean per event = 137

In addition to the above, Terry has done some Coaching in a few Primary Schools.

An Inter-County Championships for Primary Schools (Powys and Ceredigion) was held in June 2013.

NORTH WALES - Helena & Oliver Burrows (Celtica Mapping)

Training courses:

TO1&2 course in May 2013 for 14 secondary school teachers at Taff Bargoed Country Park organised by the PESS co-ordinator.

Festivals & competitions:

Competition for 6 Flintshire secondary schools at Northop June 2013. 72 youngsters attended.

June 2013 - transition day of orienteering for at Saltney High School for 100 primary school children.

Mapping of schools:

None during 2013

Bridget Stein SBOC

Development Officer's report

Partly supported by funding from the WOA development fund there were some new development initiatives from the clubs during 2013.

MWOC ran a series of new introductory events and associated coaching which resulted in a number of new members. Much work has also gone into supporting local schools and Scout orienteering.

SBOC delivered a series of additional local events, have invested in the capability to deliver more quality street events and improved new member packs.

SWOC have supplemented their local events with additional coaching and maintained their successful evening street races. They have also invested in providing improved new member packs. These initiatives seem to be paying off with a slight resurgence in membership in the Cardiff area – including even some novice 21s.

The success of the 2012 Croeso means that there is a significant pot of money available to support further development initiatives going forward.

Mark Saunders BOK

Welsh Junior Squad report

A very busy and successful year, particular highlights being;

1. Continuing regular training weekends at approximately monthly intervals
2. Enjoyable tour to Sweden in August – attended by 24 youngsters aged 12-18. Assisted by 5 Control Hangers (20s/ young 21s) and 7 other adults – cooks, drivers etc. 10 days of training / races
3. Junior Home International put on by Squad in September – with thanks to SWOC for assistance. Meal provided by parents - fund raising for squad.
4. JHI attended by squad – Wales retained Judith WIngham Trophy (competition between Ireland and Wales)
5. Junior Inter Regional Championships also in September. Best ever result for Wales – 4th place (matched once before in 2009 – but this time we had a significantly higher score. Team spirit notable – e.g. compared with other teams. No doubt that going away on tours significantly helps with this.
6. Ciaran Allen and Ben Mitchell represented GB at Junior European Cup in October. Megan Carter-Davies represented GB at European Youth Orienteering Championships.

Mark Saunders / Alice Bedwell BOK

Welsh Senior Squad report

Senior Home Internationals

The senior team competes once a year as a group at the Senior Home Internationals. The 2013 SHIs was held in Ireland with the relays taking place in Carnawaddy and the individual took place on Carlingford Mountain.

Results from the relay can be found here

<http://www.orienteering.ie/result2?oaction=fullSIRelayResult&id=2135>

Wales Men 1 were in good contention for a podium with Kris Jones coming back 1st on first leg but eventually finished 4th.

Results from the individual can be found here <http://www.orienteering.ie/result2?oaction=fullSIResult&id=2137>

Stand out performance was Kris Jones winning the M21 and in the women's class Cerys Manning finished 4th in W21.

The big challenge of the weekend was a broken ankle to Wales Captain Ed Nicholas at the relay. The team managed to re-organise hire cars and ensured there was no significant issue with the weekend.

Wales unfortunately finished 4th overall and for the first time in some while slipped behind Ireland. A combination of bad luck and missing key individuals resulted in this unfortunate outcome.

The 2014 SHIs will be held in Scotland as part of the Race the Castles week. A good chance for further individual glory and a team effort to avenge this years defeat by the Irish.

2. Senior Wales GB Results in 2013

Wales had two representatives at WOC 2013 with Kris Jones making his debut in the Sprint and Helen Palmer competing in the middle distance. In a team that is 13 in size this continues to be a good level of representation (for comparison Scotland 6; England 5; Northern Ireland 0)

Kris made an excellent debut finishing 16 in the Sprint and certainly he has a good long senior career ahead of himself. Helen Palmer continued her good performances in what was her 6th WOC finishing in 27th in the long.

In the Orienteering World Cup Helen Palmer represented GB in New Zealand in January 2013. Illness unfortunately prevented her from delivering a good result. Helen also competed at the season ending World Cup final in Switzerland.

3. Representation at British Senior Squad Level 2014

The two representatives at WOC Kris and Helen are both members of the British Orienteering Elite Development Squad and are joined by Anwen Darlington.

Aims of the Senior Squad

Although not stated I would like to detail what I believe the aims of the Senior Squad are.

1. To ensure that we have a competitive team at the Senior Home Internationals
2. To support wherever possible Welsh athletes in Great Britain Teams and Squads
3. Support the transition of athletes from the Junior Team/Squad to the Senior Team/Squad

The squad continues to have a number of athletes who are world level athletes and we commend their performances and efforts. There continues to be a challenge in the strength in depth with non full teams/low strength teams attending the Senior Home Internationals. There remains work to be done to continue the great work done by the Junior Squad and transfer athletes into the Senior Team.

Ed Nicholas

Welsh Veteran Squad report

Wales produced its best ever result at the Veteran Home International (VHI) in Norfolk on 5th/6th October 2013, finishing in second place to England and comfortably ahead of Scotland and Ireland. There were some very strong individual performances and the team dominated with first and second in both the M40 and W50 classes, and a first in the W40 class. The team is set to field another strong team for the VHI in September 2014 due to be hosted in the Forest of Dean, and we hope to replicate the success achieved in 2013.

Sophie Brown